bridgit
Africa (Pty) Ltd

FREE PMP® 8TH EDITION
READINESS PACK · 2 OF 3

PMP® 8th Edition Exam Overview

What actually changed - and what it means for how you study.

In July 2026, PMI updated the PMP® exam to align with the new PMBOK® Guide - 8th Edition. It's not a small tweak - the weighting between the three exam domains shifted dramatically. Here's what you need to know.

1 The domain weighting shift

33%	41%	26%
People (was 42%)	Process (was 50%)	Business Environment (was 8%)

The headline change: Business Environment more than tripled - from 8% to 26% of the exam. If your study material still treats this as a 'quick skim' section, it's out of date.

2 What's new inside each domain

DOMAIN	NOW COVERS
People (33%)	Leading teams, resolving conflict, stakeholder engagement, communications, supporting knowledge transfer
Process (41%)	Planning & delivery across predictive, agile and hybrid approaches, scope, schedule, quality, procurement, value-based delivery
Business Environment (26%)	Governance, compliance, change control, risk management, organisational strategy - plus new focus on AI in project management and sustainability

3 Exam format at a glance

Approx. 180 questions (scored + unscored)	Multiple-choice plus scenario-based question formats
Roughly 230-240 minutes, with two scheduled breaks	Available in-person or online proctored

Exact question count and timing can be adjusted by PMI - always confirm current details on pmi.org before booking your exam date.

4 How to adjust your study plan

- Allocate roughly a quarter of your study time to Business Environment - it's no longer a side topic
- Get comfortable moving between predictive, agile and hybrid thinking within the same scenario
- Study AI-in-projects and sustainability as testable content, not 'nice to know' background
- Practise scenario-based questions, not just recall-style questions

Why this matters for you: If you trained (or started training) on older material, roughly a quarter of the exam you'll sit now covers content your book barely mentioned.

Study the exam that's actually being tested.
Our course is built from the ground up on the 8th Edition standard.

Starts 22 September 2026 · Tue & Thu, 3-5PM (SAST)
training@bridgitafrica.com · www.bridgitafrica.com